



BEXLEY SWIMMING CLUB

FOUNDED 1968 • AFFILIATED A.S.A.L.R

Licensed Long Course Open Meet (License no.1LR0192)
(Under ASA Laws and ASA Technical Rules)

At: Crystal Palace National Sports Centre, Ledrington Rd London
On 10th & 11th April 2010

MEET INFORMATION

- ◆ 8 Lane 50m Pool,
- ◆ Electronic Timing,
- ◆ Continuous Warm-up and swim down facilities

This Event is licensed by the ASA for entry into National Competitions and Championships.

EVENTS

- ◆ 50m, 100m, 200m, 400m Freestyle
- ◆ 100m and 200m all other strokes
- ◆ 200m and 400m Individual Medley
- ◆ (All events HDW)

AGE GROUPS

11/Under, 12/13, 14/15, 16/Over

Ages as at – 11th April 2010

Closing Date: 24th March 2010

For full details and entry forms send large SAE:

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37 Coniston Road, Barnehurst, Kent

DA7 6PX

Or Email windyridge37@ntlworld.com

Or visit our website – bexleyswimmingclub.com





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